

# October 2024 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 | 562-273-0700 |

[www.libertyplaza.org](http://www.libertyplaza.org)

**HOURS: Mon 8am-5pm, Tues 8am-9pm, Wed 8am-5pm, Thurs 8am-9pm, Fri 8am-5pm, Sat 8am-4pm, Sun CLOSED**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	VPAN 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Nurturing Parenting Classes 5:00pm-6:00pm Girls Scouts Meeting 5:30pm-7:30pm Jiu-Jitsu/Judo 7:00pm-8:30pm	VPAN 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	Self-Advocacy Mtg. CAPC 9:30am-11:00am Healthy Cooking Class 4:00pm-5:30pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Yoga 5:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm		Free Zumba 10:00am-11:00am Al-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
7	8	9	10	11	12
Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	YAGC 8:00am-2:00pm VPAN 8:00am-5:00pm Al- Anon (Spanish) 10:00-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Stamping Mavens 5:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	VPAN 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	Self-Advocacy Mtg. CAPC 9:30am-11:00am Zumba 4:30pm-5:30pm Yoga 5:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm		<p style="text-align: center;"><i>Closed</i> <i>Due to the Holiday</i></p>
14	15	16	17	18	19
CLOSED in Observance of Indigenous People's Day 	VPAN 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Girl Scouts Meeting 5:30pm-7:30pm Jiu-Jitsu/Judo 7:00pm-8:30pm	VPAN 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	GI Forum 8:00am-1:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Yoga 5:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm		Free Zumba 10:00am-11:00am Al-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
21	22	23	24	25	26
Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	VPAN 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	Self-Advocacy Mtg. CAPC 9:30am-11:00am Zumba 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Yoga 5:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm		Free Zumba 10:00am-11:00am Al-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
28	29	30	31		
Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 4:30pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	VPAN 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	Self-Advocacy Mtg. CAPC 9:30am-11:00am		

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every <b>Tuesday</b> and <b>Saturday</b> . Call for more info about this inviting and supportive group of individuals. <b>Arts &amp; Crafts Room 10:00am-12:00pm</b>
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council on the <b>3rd Tuesday</b> of every other month for updates, discussion, and what's happening near your city! <b>MPR 6:00-8:00pm</b>
CODA: Co-Dependents Anonymous	En Español! Join the CODA group every Saturday, free. Stop looking for outside reasons to feel good, join CODA for you. <b>Justice Board Room 11:00am-12:30pm</b>
GI Forum Meeting	Every <b>3rd Thursday</b> , come to find out more about this community Veterans organization and other services available. <b>MPR 10:00am-12:00pm</b>
Military & Veteran Affairs Office Hours	Los Angeles County MVA representatives hold office hours every <b>Thursday 8am-4pm (remotely)</b> . <b>Call the front desk to set up an over the phone appointment.</b>
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. MUST REGISTER, please see front desk for application. <b>Wednesday's 10:00 am-12:00pm</b>
Self-Advocacy Meetings, REACH	Free on <b>Mondays</b> , for adults with developmental disabilities. Provided by REACH. <b>1:00-2:00PM</b>
Self Advocacy Meetings, CAPC	Every <b>Monday</b> and <b>Thursday</b> , call for more information about support group that provides services to support that are based on each person's desire lifestyle. <b>Community Room Mondays at 11:30 am – 1pm &amp; Thursdays at 9:30am-12:00 pm</b>
Stamping Mavens	Want to learn more about stamping and crafting? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to learn something new! <b>Community Room B1 &amp; B2 5:30pm-7:30pm</b>
VPAN	The Veteran Peer Access Network connects Veterans and their families to essential services like housing, healthcare, legal, employment support and financial aid. <b>Eagle Office 8:00am-5:00pm</b>
Zumba Classes	FREE class every <b>Saturday 10:00-11:00am</b> . <b>Tuesdays</b> and <b>Thursdays \$4.00 6:00-7:00pm Health &amp; Wellness Center</b>
Youth Art Class	Recommended 10\$ donation per child. Classes take place on <b>Tuesdays</b> and <b>Thursdays</b> . <b>Arts and Crafts Room 5:00pm-7:00pm</b>
Girl Scouts Meetings	Wanna become a Girl ScoutEvery? Meetings are held every <b>1st Tuesday</b> of the month. Flyers with contact information are in our LCP lobby area. <b>Community Room B1 &amp; B2 5:45pm-7:30pm</b>
Jiu-Jitsu/Judo classes	Want to learn self defense? Come join <b>Jiu-Jitsu/Judo classes</b> with Sensei/Instructor Greg every <b>Tuesdays</b> and <b>Thursdays</b> in the <b>classroom from 7pm-8:30pm. Ages 5 and up FREE</b>
Yoga	Enrollment through Rio Honda College. Class is every <b>Thursday 5:00pm-7:00pm</b> held in the <b>classroom</b>
Year Around Gardening Club (YAGC)	Want to learn more about all things gardening? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to get involved in the community and learn something new! <b>MPR 9:00am-2:00pm</b>