

August 2025 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 | 562-273-0700 |

www.libertyplaza.org

HOURS: Mon 8am-5pm, Tues 8am-9pm, Wed 8am-5pm,
Thurs 8am-9pm Fri 8am-5pm, Sat 8am-4pm, Sun CLOSED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 VSO Services 8:00am-5:00pm Sound Bath 10:00am-11:00am	2 Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
4 VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	5 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Comic Book Workshop 12:00pm-1:30pm Zumba (\$4.00) 4:30pm-5:30pm Sound Bath 7:00pm-8:00pm Judo 6:30pm-8:30pm	6 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	7 GI Forum 9:00am-12:00pm VSO Services 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Comic Book Workshop 12:00pm-1:30pm Healthy Cooking Class 4:00pm-5:30pm Zumba 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	8 VSO Services 8:00am-5:00pm	9 Summer Melt Teen Event 9:00am-3:00pm Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
11 VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	12 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Stamping Mavens 5:00pm-7:00pm Judo 6:30pm-8:30pm	13 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	14 GI Forum 9:00am-12:00pm VSO Services 8:00am-5:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	15 VSO Services 8:00am-5:00pm	16 Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
18 VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	19 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Girl Scouts Meeting 5:30pm-7:30pm Judo 6:30pm-8:30pm	20 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	21 GI Forum 8:00am-2:00pm VSO Services 8:00am-5:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	22 VSO Services 8:00am-5:00pm	23 Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
25 VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	26 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Judo 6:30pm-8:30pm	27 VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	28 GI Forum 9:00am-12:00pm VSO Services 8:00am-5:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba 4:30pm-5:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	29 VSO Services 8:00am-5:00pm	30 <div>OFFICE CLOSED</div>

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every Tuesday and Saturday . Call for more info about this inviting and supportive group of individuals. Arts & Crafts Room 10:00am-12:00pm
VSO Services	County Claims Supervisor inquiries related to claims appointments, referrals, dependent enrollment, funeral assistant services or veteran support. If not in office, contact Manuel Gomez at mgomez.mva.lacounty.gov
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council on the 3rd Tuesday of every other month for updates, discussion, and what's happening near your city! MPR 6:00-8:00pm
CODA: Co-Dependents Anonymous	En Español! Join the CODA group every Saturday, free. Stop looking for outside reasons to feel good, join CODA for you. Justice Board Room 11:00am-12:30pm
GI Forum Meeting	Every 3rd Thursday , come to find out more about this community Veterans organization and other services available. MPR 8:00am-1:00pm
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. MUST REGISTER, please see front desk for application. Wednesday's 10:00 am-12:00pm
Self-Advocacy Meetings, REACH	Free on Mondays , for adults with developmental disabilities. Provided by REACH. 1:00pm-2:00pm
Self Advocacy Meetings, CAPC	Every Monday and Thursday , call for more information about support group that provides services to support that are based on each person's desire lifestyle. Community Room Mondays at 11:30 am – 1pm & Thursdays at 9:30am-12:00 pm
Stamping Mavens	Want to learn more about stamping and crafting? Join this club which meets monthly on the 2nd Tuesday of the month. A great way to learn something new! Community Room B1 & B2 5:30pm-7:30pm
Tax Services	HYC is offering income tax services at no-cost for community members who meet the specific income thresholds. Services are by appointment only . Please contact our front desk to see if you qualify and to schedule your appointment for our free service.
VPAN	The Veteran Peer Access Network connects Veterans and their families to essential services like housing, healthcare, legal, employment support and financial aid. Eagle Office 8:00am-5:00pm
Zumba Classes	FREE class every Saturday 10:00am-11:00am . Tuesdays and Thursdays \$4.00 6:00pm-7:00pm Health & Wellness Center
Youth Art Class	Recommended 10\$ donation per child. Classes take place on Tuesdays and Thursdays . Arts and Crafts Room 5:00pm-7:00pm
Girl Scouts Meetings	Wanna become a Girl Scout? Meetings are held every 1st Tuesday of the month. Flyers with contact information are in our LCP lobby area. Community Room B1 & B2 5:45pm-7:30pm
Jiu-Jitsu/Judo classes	Want to learn self defense? Come join Jiu-Jitsu/Judo classes with Sensei/Instructor Greg every Tuesdays and Thursdays in the classroom from 6:30pm-8:30pm . Ages 5 and up FREE
Yoga	Enrollment through Rio Honda College. Class is every Thursday 5:00pm-7:00pm held in the classroom
Tutoring	Completely free tutoring is offered every Tuesday from 5:30 pm-7:30pm .
Year Around Gardening Club (YAGC)	Want to learn more about all things gardening? Join this club which meets monthly on the 2nd Tuesday of the month. A great way to get involved in the community and learn something new! MPR 9:00am-2:00pm