## September 2025 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 |562-273-0700| www.libertyplaza.org

<u>HOURS:</u> **Mon** 8am-5pm, **Tues** 8am-9pm, **Wed** 8am-5pm, **Thurs** 8am-9pm **Fri** 8am-5pm, **Sat** 8am-4pm, **Sun** CLOSED

Monday	Tuesday	Wednesday	Thursday	Friday Sa	aturday
1	2	3	4	5	6
WE WILL BE CLOSED  LABOR DAY	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Girl Scouts Meeting 5:30pm-7:30pm Sound Bath 7:00pm-8:00pm Judo 6:30pm-8:30pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	GI Forum 9:00am-12:00pm VSO Services 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 9:30am- 12:00pm Healthy Cooking Class 4:00pm-5:30pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	VSO Services 8:00am-5:00pm	Al-Anon (Spanish) 10:00am-12:00pm Zumba(FREE) 10:00am-11:00am Codependents Mtg. 11:00am-12:30pm Screen Printing Workshop 12:00pm-3:00pm
8	9	10	11	12	13
VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Garden Club 9:00am-2:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Stamping Mavens 5:30pm-7:30pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	GI Forum 9:00am-12:00pm VSO Services 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm	VSO Services 8:00am-5:00pm	Al-Anon (Spanish) 10:00am-12:00pm Zumba(FREE) 10:00am-11:00am Codependents Mtg. 11:00am-12:30pm
15	16	17	18	19	20
VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Community Advisory Meeting 6:00pm-8:00pm	VPAN 8:00am-5:00pm VSO Services 8:00am- 5:00pm Painting for Adults 10:00am-12:00pm	El Camino Real Resource Fair 10:00am-1:00pm VSO Services 8:00am-5:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	VSO Services 8:00am-5:00pm	American Cancer Society: Relay for Life 10:00am-2:00pm Al-Anon (Spanish) 10:00am-12:00pm Zumba(FREE) 10:00am-11:00am Codependents Mtg. 11:00am-12:30pm
22	23	24	25	26	27
VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Youth Art Classes 5:00pm-6:30pm Judo 6:30pm-8:30pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Painting for Adults 10:00am-12:00pm	GI Forum 8:00am-2:00pm VSO Services 8:00am-5:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Yoga 5:30pm-7:00pm Judo 6:30pm-8:30pm	VSO Services 8:00am-5:00pm	HYC Suicide Awareness Walk Al-Anon (Spanish) 10:00am-12:00pm Zumba(FREE) 10:00am-11:00am Codependents Mtg. 11:00am-12:30pm
29	30				
VSO Services 8:00am-12:00pm GI Forum 12:00pm-3:00pm Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	VPAN 8:00am-5:00pm VSO Services 8:00am-5:00pm Al- Anon (Spanish) 10:00am-12:00pm Zumba(\$4.00) 4:30pm-5:30pm Judo 6:30pm-8:30pm				

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every <b>Tuesday</b> and <b>Saturday</b> . Call for more info about this inviting and supportive group of individuals. <b>Arts &amp; Crafts Room 10:00am-12:00pm</b>		
VSO Services	County Claims Supervisor inquiries related to claims appointments, referrals, dependent enrollment, funeral assistant services or veteran support. If not in office, contact Manuel Gomez at mgomez.mva.lacounty.gov		
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council on the <b>3rd Tuesday</b> of every other month for updates, discussion, and what's happening near your city! <b>MPR 6:00-8:00pm</b>		
CODA: Co-Dependents Anonymous	En Español! Join the CODA group every Saturday, free. Stop looking for outside reasons to feel good, join CODA for you.  Justice Board Room 11:00am-12:30pm		
GI Forum Meeting	Every 3rd Thursday, come to find out more about this community Veterans organization and other services available. MPR 8:00am-1:00pm		
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. MUST REGISTER, please see front desk for application. <b>Wednesday's 10:00 am-12:00pm</b>		
Self-Advocacy Meetings, REACH	Free on <b>Mondays</b> , for adults with developmental disabilities. Provided by REACH. <b>1:00pm-2:00pm</b>		
Self Advocacy Meetings, CAPC	Every Monday and Thursday, call for more information about support group that provides services to support that are based on each person's desire lifestyle.  Community Room Mondays at 11:30 am – 1pm & Thursdays at 9:30am-12:00 pm		
Stamping Mavens	Want to learn more about stamping and crafting? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to learn something new! <b>Community Room B1 &amp; B2 5:30pm-7:30pm</b>		
VPAN	The Veteran Peer Access Network connects Veterans and their families to essential services like housing, healthcare, legal, employment support and financial aid.  Eagle Office 8:00am-5:00pm		
Zumba Classes	FREE class every Saturday 10:00am-11:00am . Tuesdays and Thursdays \$4.00 6:00pm-7:00pm Health & Wellness Center		
Youth Art Class	Recommended 10\$ donation per child. Classes take place on Tuesdays and Thursdays. Arts and Crafts Room 5:00pm-7:00pm		
Girl Scouts Meetings	Wanna become a Girl Scout? Meetings are held every <b>1st Tuesday</b> of the month. Flyers with contact information are in our LCP lobby area. <b>Community Room B1 &amp; B2 5:45pm-7:30pm</b>		
Jiu-Jitsu/Judo classes	Want to learn self defense? Come join Jiu-Jitsu/Judo classes with Sensei/Instructor Greg every Tuesdays and Thursdays in the classroom from 6:30pm-8:30pm.  Ages 5 and up FREE		
Чода	Enrollment through Rio Honda College. Class is every <b>Thursday 5:00pm-7:00pm</b> held in the <b>Health and Wellness Room</b>		
Year Around Gardening Club (YAGC)	Want to learn more about all things gardening? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to get involved in the community and learn something new! <b>MPR 9:00am-2:00pm</b>		