

July 2024 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 | 562-273-0700 |

www.libertyplaza.org

HOURS: Mon 8am-5pm, Tues 8am-9pm, Wed 8am-5pm, Thurs 8am-9pm, Fri 8am-5pm, Sat 8am-4pm, Sun CLOSED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	2 AI- Anon (Spanish) 10:00am-12:00pm Youth Art/ Prodigy 5:00pm-6:30pm Zumba (\$4.00) 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	3 Yoga with a Chair(\$5.00) 10:00am-11:00am Painting for Adults 10:00am-12:00pm	4 	5	6 Free Zumba 10:00am-11:00am AI-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
8 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	9 AI- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 6:00pm-7:00pm Youth Art/ Prodigy 5:00pm-6:30pm Jiu-Jitsu/Judo 7:00pm-8:30pm	10 Yoga with a Chair(\$5.00) 10:00am-11:00am Painting with Adults 10:00am-12:00pm	11 Self-Advocacy Mtg. CAPC 9:30am-11:00am Youth Art/ Prodigy 5:00pm-6:30pm Yoga 5:30pm-7:00pm Zumba 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	12	13 Free Zumba 10:00am-11:00am AI-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
15 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	16 AI- Anon (Spanish) 10:00am-12:00pm Community Advisory Meeting 6:00pm-8:00pm Zumba (\$4.00) 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	17 Yoga with a Chair(\$5.00) 10:00am-11:00am Painting with Adults 10:00am-12:00pm	18 GI Forum 8:00am-1:00pm Self-Advocacy Mtg. CAPC 9:30am-12:00pm Financial Health Seminar 5:00pm-6:00pm Yoga 5:00pm-7:00pm Zumba 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	19	20 Free Zumba 10:00am-11:00am AI-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
22 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	23 AI- Anon (Spanish) 10:00am-12:00pm Youth Art/ Prodigy 5:00pm-6:30pm Zumba (\$4.00) 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	24 Yoga with a Chair(\$5.00) 10:00am-11:00am Painting with Adults 10:00am-12:00pm	25 Self-Advocacy Mtg. CAPC 9:30am-11:00am Yoga 5:00pm-7:00pm Youth Art/ Prodigy 5:00pm-6:30pm Zumba 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	26	27 Backpack Giveaway 9:00am-1:00pm Free Zumba 10:00am-11:00am AI-Anon (Spanish) 10:00am-12:00pm CODA Meeting 11:00am-12:30pm
29 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	30 AI- Anon (Spanish) 10:00am-12:00pm Youth Art/Prodigy 5:00pm-6:30pm Zumba (\$4.00) 6:00pm-7:00pm Jiu-Jitsu/Judo 7:00pm-8:30pm	31 Yoga with a Chair(\$5.00) 10:00am-11:00am Painting for Adults 10:00am-12:00pm			

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every Tuesday and Saturday . Call for more info about this inviting and supportive group of individuals. Arts & Crafts Room 10:00am-12:00pm
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council on the 3rd Tuesday of every other month for updates, discussion, and what's happening near your city! MPR 6:00-8:00pm
CODA: Co-Dependents Anonymous	En Español! Join the CODA group every Saturday, free. Stop looking for outside reasons to feel good, join CODA for you. Justice Board Room 11:00am-12:30pm
GI Forum Meeting	Every 3rd Thursday , come to find out more about this community Veterans organization and other services available. MPR 10:00am-12:00pm
Military & Veteran Affairs Office Hours	Los Angeles County MVA representatives hold office hours every Thursday 8am-4pm (remotely) . Call the front desk to set up an over the phone appointment.
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. MUST REGISTER, please see front desk for application. Wednesday's 10:00 am-12:00pm
Self-Advocacy Meetings, REACH	Free on Mondays , for adults with developmental disabilities. Provided by REACH. 1:00-2:00PM
Self Advocacy Meetings, CAPC	Every Monday and Thursday , call for more information about support group that provides services to support that are based on each person's desire lifestyle. Community Room Mondays at 11:30 am – 1pm & Thursdays at 9:30am-12:00 pm
Year Around Gardening Club (YAGC)	Want to learn more about all things gardening? Join this club which meets monthly on the 2nd Tuesday of the month. A great way to get involved in the community and learn something new! MPR 9:00am-2:00pm
Stamping Mavens	Want to learn more about stamping and crafting? Join this club which meets monthly on the 2nd Tuesday of the month. A great way to learn something new! Community Room B1 & B2 5:30pm-7:30pm
Zumba Classes	FREE class every Saturday 10:00-11:00am . Tuesdays and Thursdays \$4.00 6:00-7:00pm Health & Wellness Center
Youth Art Class	Recommended 10\$ donation per child. Classes take place on Tuesdays and Thursdays . Arts and Crafts Room 5:00pm-7:00pm
Girl Scouts Meetings	Wanna become a Girl ScoutEvery? Meetings are held every 1st Tuesday of the month. Flyers with contact information are in our LCP lobby area. Community Room B1 & B2 5:45pm-7:30pm
Jiu-Jitsu/Judo classes	Want to learn self defense? Come join Jiu-Jitsu/Judo classes with Sensei/Instructor Greg every Tuesdays and Thursdays in the classroom from 7pm-8:30pm . Ages 5 and up FREE