

# May 2024 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 | 562-273-0700 |

[www.libertyplaza.org](http://www.libertyplaza.org)

**HOURS: Mon 8am-5pm, Tues 8am-9pm, Wed 8am-5pm, Thurs 8am-9pm, Fri 8am-5pm, Sat 8am-4pm, Sun CLOSED**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Painting for Adults</b> 10:00am-12:00pm	<b>2</b> <b>Self-Advocacy Mtg. CAPC</b> 9:30am-11:00am <b>Youth Art/ Prodigy</b> 5:00pm-6:30pm <b>Yoga</b> 5:00pm-7:00pm <b>Zumba</b> 6:00pm-7:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>3</b>	<b>4</b> <b>Free Zumba</b> 10:00am-11:00am <b>Al-Anon (Spanish)</b> 10:00am-12:00pm <b>CODA Meeting</b> 11:00am-12:30pm
<b>6</b> <b>Self-Advocacy Mtg. CAPC</b> 11:30am-1:00pm <b>Self Advocacy REACH</b> 1:00pm-2:00pm	<b>7</b> <b>Al- Anon (Spanish)</b> 10:00am-12pm <b>Zumba (\$4.00)</b> 11:00am-12:00pm 6:00pm-7:00pm <b>Youth Art/ Prodigy</b> 5:00pm-6:30pm <b>Girl Scouts Meeting</b> 5:45pm-8:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>8</b> <b>Painting with Adults</b> 10:00am-12:00pm	<b>9</b> <b>Self-Advocacy Mtg. CAPC</b> 9:30am-11:00am <b>Youth Art/ Prodigy</b> 5:00pm-6:30pm <b>Yoga</b> 5:00pm-7:00pm <b>Zumba</b> 6:00pm-7:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>10</b>	<b>11</b> <b>Free Zumba</b> 10:00am-11:00am <b>Al-Anon (Spanish)</b> 10:00am-12:00pm <b>CODA Meeting</b> 11:00am-12:30pm
<b>13</b> <b>Self-Advocacy Mtg. CAPC</b> 11:30am-1:00pm <b>Self Advocacy REACH</b> 1:00pm-2:00pm	<b>14</b> <b>Garden Club</b> 9:00am-2:00pm <b>Al- Anon (Spanish)</b> 10:00am-12:00pm <b>Zumba (\$4.00)</b> 11:00am-12:00pm 6:00pm-7:00pm <b>Youth Art/ Prodigy</b> 5:00pm-7:00pm <b>Stamping Mavens-Card Making</b> 5:30pm-7:30pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>15</b> <b>Painting with Adults</b> 10:00am-12:00pm	<b>16</b> <b>GI Forum</b> 8:00am-1:00pm <b>Self-Advocacy Mtg. CAPC</b> 9:30am-12:00pm <b>Youth Art/ Prodigy</b> 5-6:30pm <b>Yoga</b> 5:00pm-7:00pm <b>Zumba</b> 6:00pm-7:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>17</b>	<b>18</b> <b>Free Zumba</b> 10:00am-11:00am <b>Al-Anon (Spanish)</b> 10:00am-12:00pm <b>CODA Meeting</b> 11:00am-12:30pm
<b>20</b> <b>Self-Advocacy Mtg. CAPC</b> 11:30am-1:00pm <b>Self Advocacy REACH</b> 1:00pm-2:00pm	<b>21</b> <b>Al- Anon (Spanish)</b> 10:00am-12:00pm <b>Zumba (\$4.00)</b> 11:00am-12:00pm 6:00pm-7:00pm <b>Community Advisory Mtg.</b> 6:00pm-8:00pm <b>Girl Scouts Meeting</b> 5:45pm-8:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>22</b> <b>Painting with Adults</b> 10:00am-12:00pm	<b>23</b> <b>Self-Advocacy Mtg. CAPC</b> 9:30am-11:00am <b>Yoga</b> 5:00pm-7:00pm <b>Youth Art/ Prodigy</b> 5-6:30pm <b>Zumba</b> 6:00pm-7:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>24</b>	<b>25</b> 
<b>27</b> 	<b>28</b> <b>Al- Anon (Spanish)</b> 10:00am-12:00pm <b>Zumba (\$4.00)</b> 11:00am-12:00pm 6:00pm-7:00pm <b>Youth Art/Prodigy</b> 5:00pm-6:30pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>29</b> <b>Painting for Adults</b> 10:00am-12:00pm	<b>30</b> <b>Self-Advocacy Mtg. CAPC</b> 9:30am-12:00pm <b>May Mental Health Fair</b> 4:00pm-8:00pm <b>Yoga</b> 5:00pm-7:00pm <b>Youth Art/ Prodigy</b> 5:00pm-6:30pm <b>Zumba</b> 6:00pm-7:00pm <b>Jiu-Jitsu/Judo</b> 7:00pm-8:30pm	<b>31</b>	<b>Free Zumba</b> 10:00am-11:00am <b>Al-Anon (Spanish)</b> 10:00am-12:00pm <b>CODA Meeting</b> 11:00am-12:30pm

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every <b>Tuesday</b> and <b>Saturday</b> . Call for more info about this inviting and supportive group of individuals. <b>Arts &amp; Crafts Room 10:00am-12:00pm</b>
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council on the <b>3rd Tuesday</b> of every other month for updates, discussion, and what's happening near your city! <b>MPR 6:00-8:00pm</b>
CODA: Co-Dependents Anonymous	En Español! Join the CODA group every Saturday, free. Stop looking for outside reasons to feel good, join CODA for you. <b>Justice Board Room 11:00am-12:30pm</b>
GI Forum Meeting	Every <b>3rd Thursday</b> , come to find out more about this community Veterans organization and other services available. <b>MPR 10:00am-12:00pm</b>
Military & Veteran Affairs Office Hours	Los Angeles County MVA representatives hold office hours every <b>Thursday 8am-4pm (remotely)</b> . <b>Call the front desk to set up an over the phone appointment.</b>
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. MUST REGISTER, please see front desk for application. <b>Wednesday's 10:00 am-12:00pm</b>
Self-Advocacy Meetings, REACH	Free on <b>Mondays</b> , for adults with developmental disabilities. Provided by REACH. <b>1:00-2:00PM</b>
Self Advocacy Meetings, CAPC	Every <b>Monday</b> and <b>Thursday</b> , call for more information about support group that provides services to support that are based on each person's desire lifestyle. <b>Community Room Mondays at 11:30 am – 1pm &amp; Thursdays at 9:30am-12:00 pm</b>
Year Around Gardening Club (YAGC)	Want to learn more about all things gardening? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to get involved in the community and learn something new! <b>MPR 9:00am-2:00pm</b>
Stamping Mavens	Want to learn more about stamping and crafting? Join this club which meets monthly on the <b>2nd Tuesday</b> of the month. A great way to learn something new! <b>Community Room B1 &amp; B2 5:30pm-7:30pm</b>
Zumba Classes	FREE class every <b>Saturday 10:00-11:00am</b> . <b>Tuesdays</b> and <b>Thursdays \$4.00 6:00-7:00pm</b> Health & Wellness Center
Youth Art Class	Recommended 10\$ donation per child. Classes take place on <b>Tuesdays</b> and <b>Thursdays</b> . <b>Arts and Crafts Room 5:00pm-6:30pm</b>
Girl Scouts Meetings	Wanna become a Girl ScoutEvery? Meetings are held every 2 weeks the <b>1st Tuesday</b> and <b>3rd Tuesday</b> of the month. Flyers with contact information are in our LCP lobby area. <b>Community Room B1 &amp; B2 5:45pm-7:30pm</b>
Jiu-Jitsu/Judo classes	Want to learn self defense? Come join <b>Jiu-Jitsu/Judo classes</b> with Sensei/Instructor Greg every <b>Tuesdays</b> and <b>Thursdays</b> in the <b>MPR from 7:00pm-8:30pm</b> . <b>Ages 5 and up FREE</b>