




November 2023 Liberty Community Plaza



14181 Telegraph Road, Whittier, CA 90604 | 562-273-0700 |

www.libertyplaza.org

HOURS: Mon 8am-5pm, Tues 8am-9pm, Wed 8am-5pm,
Thurs 8am-9pm Fri 8am-5pm, Sat 8am-4pm, Sun CLOSED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Painting for Adults 10:00am-12:00pm	2 VA Office Hours (Remote) 8:00am-3:15pm Self-Advocacy Mtg. CAPC 9:30am-11:00am Yoga 5:30pm-6:45pm Zumba (\$4.00) 6:00pm-7:00pm	3	4 Free Zumba 10:00am-11:00am Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
6	7 Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 6:00pm-7:00pm	8 Painting for Adults Gala 11:30am-2:00pm	9 VA Office Hours (Remote) 8:00am-3:15pm Self-Advocacy Mtg. CAPC 9:30am-11:00am Yoga 5:30pm-6:45pm Zumba (\$4.00) 6:00pm-7:00pm WSD Book Signing 5:00pm-8:00pm	10 CLOSED	11 Veteran's Day Closed
13 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	14 Al- Anon (Spanish) 10:00am-12:00pm Garden Club 9:00am-2:00pm Stamping Mavens-Card Making 5:30pm-7:30pm Zumba (\$4.00) 6:00pm-7:00pm	15 Painting for Adults 10:00am-12:00pm	16 VA Office Hours (Remote) 8:00am-3:15pm GI Forum 9:00am-2:00pm Self-Advocacy Mtg. CAPC 9:30am-11:00am Yoga 5:30pm-6:45pm Zumba (\$4.00) 6:00pm-7:00pm	17	18 Free Zumba 10:00am-11:00am Al-Anon (Spanish) 10:00am-12:00pm Codependents Mtg. 11:00am-12:30pm
20 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	21 Al- Anon (Spanish) 10:00am-12:00pm Community Advisory Mtg. 6:00pm-8:00pm Zumba (\$4.00) 6:00pm-7:00pm	22 Painting for Adults 10:00am-12:00pm	23 CLOSED 	24 CLOSED	25 CLOSED
27 Self-Advocacy Mtg. CAPC 11:30am-1:00pm Self Advocacy REACH 1:00pm-2:00pm	28 Al- Anon (Spanish) 10:00am-12:00pm Zumba (\$4.00) 6:00pm-7:00pm	29 Painting for Adults 10:00am-12:00pm	30 VA Office Hours (Remote) 8:00am-3:15pm Self-Advocacy Mtg. CAPC 9:30am-11:00am Yoga 5:30pm-6:45pm Zumba (\$4.00) 6:00pm-7:00pm	31 	

Al-Anon Meeting (Family Groups) Spanish	En Español! Free every Tuesday and Saturday. Call for more info about this inviting and supportive group of individuals. Meetings start at 10:00am and end at Noon. Arts & Crafts Room
Community Advisory Council	Want to know more about what's going on in your neighborhood? Come join our Community Advisory Council from 6:30-8pm on the 3rd Tuesday of every other month for updates, discussion, and what's happening near your city! MPR
Co-Dependents Anonymous	En Español! Join the CoDA group every Saturday, free. Stop looking for outside reasons to feel good, join CoDA for you, 11:00am-12:30pm. Justice Board Room
GI Forum Meeting	Every 3 rd Thursday, come to find out more about this community Veterans organization and other services available. Visit 10-12pm. Justice Board Room
Military & Veteran Affairs Office Hours	Los Angeles County MVA representatives hold office hours every Wednesday and Thursday, no appointments needed. Sign in at Lounge any time 8am-4pm. Valor Resource Office
Painting for Older Adults	Brought to you by Rio Hondo College, this free nonaccredited class will teach older adults the fundamentals of painting! A great way to learn a new hobby and be creative through art. Wednesdays from 10 am-12pm. MUST BE REGISTERED. Arts & Crafts Room
Self-Advocacy Meetings, REACH	Free, Mondays, for adults with developmental disabilities. Provided by REACH, 1:00pm-2:00pm. Justice Board Room
Self Advocacy Meetings, CAPC	Ever Monday and Thursday, call for more information about support group provides services to support services that are based on each person's desire lifestyle. Meeting start Monday 11:30 am – 1pm & Thursday 9:30-11 am
Year Around Gardening Club (YAGC)	Want to learn more on all things gardening? Join this club which meets monthly from 9-1pm on the 2nd Tuesday of the month. A great way to get involved in the community and learn something new! MPR
Stamping Mavens	Want to learn more on stamping and crafting? Join this club which meets monthly from 5:30pm-7:30pm on the 2nd Tuesday of the month. A great way to learn something new! Community Room B1 & B2
Zumba Classes	FREE class every Saturday 9:30am-10:30am. Maximum 12 students. Health & Wellness Center \$4 Tuesdays, Thursdays 6:00pm-7:00pm Health & Wellness Center